



Sticks & Pucks

Important Details:

- Sessions are limited to 20 Participants
- Online Registration is REQUIRED
- If desiring to participate in multiple sessions, you MUST register and pay for each session
 - You MUST CHECK IN at the FRONT DESK before EACH SESSION to obtain a new wristband
- Sessions are for INDIVIDUAL training ONLY
- Rink does NOT supply Pucks or Sticks
- Rink does NOT supply/rent any required protective equipment
- The rink (East, South, & North) on your receipt does NOT guarantee that is the rink you will skate on. Facility staff reserves the right to make changes and will direct you to the correct rink upon check in.
- Punch Cards are available online now as well!
 - Directions on purchasing are available on the registration directions document

Rules:

1. No Games
 - a. Half ice scrimmage is allowed if there is enough players as long as it is ONLY 1 half of the ice, allowing those who do not wish to participate to be able to shoot at the other net.
2. No Personal Trainers
3. You are NOT allowed on the ice WITHOUT SKATES
4. Skate at your own risk.
5. Parents are responsible to watch and care for their own children.
6. Ice arena management is not responsible for lost or stolen items.
7. Keep out of unassigned locker rooms, score table area, player boxes and penalty boxes.
8. Skates are to be worn only on the ice or in areas covered with protective rubber flooring.
9. Follow instructions from arena management staff
10. Keep all ice access doors closed when the Zamboni (ice resurfacing machine) is on the ice. Stay off the ice until the Zamboni access doors are completely closed.
11. Follow all posted or stated facility rules: Anyone not abiding by posted or stated rules and regulations OR conduct that may endanger the safety of self or others may be asked to leave the ice and/or facility without refund.